PARENT INFORMATION PACKET



WELCOME to CAMP

Hello Parents!

First and foremost, thank you! We really appreciate the time, effort, and sacrifice that you will be making to send your child to camp in order to give them impactful, long-lasting educational experiences.

We want to ensure that they have the *ultimate* experience, so created this packet containing some of our most helpful information (according to parents just like you). Use this to get a better understanding of what to expect and to help you as your child's trip grows near.

Remember to contact your child's teacher with any questions.

The CODES Team at Mile High Ministries



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OUR MISSION

To create a lifelong love of learning through experiential education in the natural environment.

CHECK ONLINE for MORE

Download documents, waivers, med forms, and discover the latest camp news by visiting www.codesschool.com.

PREPARING for CAMP

- o Please use the Planning Checklist below to prepare for camp.
- Submit the Release Waivers, Health History and Medical Forms to the school no later than 6 weeks prior to Arrival Day.
- o Your schools' Trip Leader is responsible for communicating with camp about your child before, during, and after camp, so get them the information they need as soon as possible. The school is responsible for providing Aides for students who need one.
- o Our refund policy: Refunds may be requested from your school, not from camp. We DO NOT give refunds for students that are sent home from camp due to illness, injury or misbehavior.

PLANNING CHECKLIST

M	onths – 3 Months before camp
	Attend your school's camp PTA Meeting/presentation.
	Discuss payment plan options with teachers.
	Fundraise! You can never start too early.
1 0	- 1 Mo before camp
	Gather and complete all forms & permission slips. Turn in the forms no later than 6 weeks prior to cal
	Review Packing List. All campers MUST bring their own backpack, water bottle, and multiple pens/pencils.
	Discuss behavioral expectations, and the consequences of misbehavior at camp with your child. Parel Pick-up Policy: If your child is dismissed from camp for any reason, you are REQUIRED to pick you child up immediately, regardless of the time of day or night.
	FUNDRAISE and submit payment!
1 0	- 1 Wk before camp
	Double check that you have submitted ALL required forms.
	Get a doctor's note for any medication that will going to camp with your child.
	Check & treat your child's bedding for bed bugs and lice.
	Make sure your student is healthy (100% recuperated/non-contagious if he/she was recently ill).
	Send mail to camp one (1) week early or give mail to teachers on departure day.
lay	before camp
	Pack your child's medication.
	Cover your child's luggage with a trash bag & label it with their first and last name.
mp	Day 1
	Ensure you child completes the 24hr Health Screening with the school nurse or an approved teacher.
	Leave your child's phone and snacks at home. Phones ARE NOT ALLOWED at camp. Weapons, gur snacks or any other item that is prohibited at school is not allowed at camp.
	Turn in ALL medications to your child's teacher. DO NOT put any medications in your child's lugga
	Say goodbye & encourage your child to have an amazing time at camp!

^{*}The CA Dept. of Public Health requires that each student is screened before attending camp. Students may not attend if they have lice, bed bugs, influenza, or any other contagious disease/illness.

ARRIVING LATE OR LEAVING EARLY

Notify the Trip Leader if your child will be arriving late to camp; be sure to provide updates about ETA or changes in your plans. If your child is arriving late to camp due to illness, or if your child is returning to camp after having fallen ill during camp, you must provide proof of medical clearance by a pediatrician.

If your child needs to leave camp early due to a family vacation, personal emergency, etc. please notify your child's teachers in advance, if possible, so that we can make sure they are ready to go for their pick-up.

LEAVING CAMP

On Departure Day, your child's medication will be returned to the Trip Leader, however forms will not be returned. Schools are expected to leave camp **no later than 11am**.

MEDICATIONS

All medications **MUST** be reported on the Medical Form and **MUST** be in the original box or bottle, with the administering information on the packaging. **Loose medication WILL NOT be given to students.**

A signed doctor's note is required if:

- 1. The prescription label is in another language.
- 2. The prescription does not match the dosage you would like administered.
- 3. The medication is not intended for its prescribed use. **DO NOT SEND this type of medication.**
- 4. The medication is not intended for child's age. **DO NOT SEND this type of medication.**

MEDICATIONS TO SEND AND NOT TO SEND

DO NOT SEND:

- o Vitamins or essential oils (doctor's note is required)
- o Over-the-counter, generic pain reliever, allergy meds, or cough/cold meds (we have this on-site)
- o PediaSure or similar dietary supplements (doctor's note is required)
- o Allergy medication for students who rarely have seasonal allergies
- o Adult medication (doctor's note is required)
- o Medication that your child has never tried at home (trying new medication should be done with access to your pediatrician)
- o Medication that is not being used for the intended, labeled purpose (i.e. using Benadryl as a sleep aid)

SEND:

o Medication that your child needs routinely, in an emergency (e.g. EpiPens), or for recovery from an injury or illness (e.g. antibiotics, prescription pain medication).

LABELING MEDICATIONS

- 1. Write your child's name on the medication box or bottle.
- 2. Place ALL of your child's medication in a single Ziploc bag.
- 3. Write your child's name and the name of the medications on the Ziploc bag.

USING OTHER FORMS OR LANGUAGES

- 1. We DO NOT accept medication or forms that are not labeled/prescribed/written in English.
- 2. We DO NOT accept school release forms, medication forms, or any other paperwork **in lieu of** our camp forms.

24HR HEALTH SCREENING FORM

By order of the CA Dept. of Public Health, individuals cannot attend camp and will be sent home if they have lice (nits, nymphs or adults), bed bugs, influenza, or any other communicable/contagious disease (e.g. chicken pox, measles, stomach flu, COVID-19). This policy is in consideration of the affected individual's comfort as well as the health of the remaining guests and camp staff. **DO NOT** send your child to camp if they have symptoms of illness or have had a recent exposure to the above.

PACKING LIST

- 1. Pens or pencils, bring multiple
- 2. Water bottle, 16oz size or more
- 3. Backpack (standard size)
- 4. Chapstick
- 5. Bedding (pillow, warm sleeping bag or blankets)
- 6. Toiletries (toothbrush & paste, hairbrush, soap, washcloth, towel, etc.)
- 7. Clothing (choose items that are warm, waterproof, and able to be layered)

- 8. Coat or heavy sweater(s)
- 9. Long pants (we do not recommend shorts)
- 10. Pajamas
- 11. 2 pairs of socks/day
- 12. 2 pairs of closed-toed, sturdy shoes/boots (Do not bring sandals or dress shoes.)
- 13. Beanie
- 14. Mittens or gloves
- 15. Snow boots

IMPORTANT THINGS to KNOW

CONTRABAND: PHONES, SNACKS, ELECTRONIC DEVICES OF ANY KIND

PHONES ARE NOT ALLOWED AT CAMP, and will be confiscated upon arrival. Furthermore, electronic devices more advanced than a digital camera are not allowed at camp (e.g. Nintendo Switch, Apple Watch). **Anything that is not allowed at school, is not allowed at camp.** The possession of weapons (e.g. razorblades, knives), drugs, or alcohol of any kind will result in immediate dismissal, law enforcement involvement, and school consequences.

Snacks, drinks, and gum will be confiscated. If your child is bringing food to camp because of a dietary restriction or health concern, give the food to the Trip Leader, they will ensure it gets to our Kitchen Team.

CAMERAS

Phones being used as cameras are **NOT** allowed at camp (this includes phones that do not have data). If your child wants to take pictures, pack a camera. Cameras are for **outside use ONLY**. Students or adults taking photos inside cabins will be dismissed from camp.

STUDENT DIETARY CONSIDERATIONS

Report all dietary restrictions on the Health History form. We will do our best to accommodate and adjust the menu when feasible, however if your child is **vegetarian**, **vegan**, **soy-free**, **gluten-free**, **has severe nut allergies**, **or a combination of allergies you will need to provide meal and snack supplements.** You may call (909) 794-2824 to discuss menu changes or download the menu from our website under the "Downloads and Camp Forms" section, and provide supplements accordingly.

Typically, we can accommodate lactose intolerant diets, and strawberry, seafood or moderate nut allergies.

ILLNESSES & INJURIES

Our trained and certified First Aid team will respond to illnesses and injuries on-site. Your child's teachers will stay with a student that cannot attend class due to illness or injury or one that is waiting for a parent pick-up. Students are permitted to miss one class due to illness or injury. If they are not recuperated before the start of the second class since they fell ill or got injured, the student will be sent home.

Our Medical Monitors are present during the day and on-call overnight, and their primary role is safeguarding your child's medications and providing them as instructed or needed. They may call you to discuss care that is beyond standard First Aid as they also focus on tending to those who are ill or injured. Be advised that camp does not follow up with student injuries or illnesses once the week is over.

EMERGENCIES

In an emergency that requires evacuation, teachers are in charge of ensuring that all students are present before the evacuation begins. In a medical emergency that requires an EMS transport, a teacher will go with your child to the hospital and stay with him/her until you arrive at the hospital.

PREPARE FOR THE WEATHER

Do not call camp to ask about the weather. Check the weather in Big Bear for the Mile High location or Lake Arrowhead, CA for the Alpine location and prepare. When packing, remember, it's better to have it and not need it, than to need it and not have it. (Hiking shoes waterproofed, rain poncho, snow pants & boots, warm clothes)

KEEPING CAMP SAFE FOR ALL (Bed Bugs and Lice)

Bed bugs* and head lice are a common concern for camp. These bugs can survive for long periods without food and in harsh conditions, so help us keep camp safe:

- 1. Unless the items is brand new, wash and dry all bedding (including pillows) one (1) day prior to arrival.
- 2. ALL guests need to be physically checked for signs of head lice no more than 24hrs prior to arrival. If a guest fails the lice check, but is able to resolve the issue before the camp week is over, he/she may arrive to camp late if the school agrees to this arrangement.
- 3. If a guest is found with lice or bed bugs after arriving, they will be dismissed from the program. If the bugs are found in the guest's belongings only, we will clean the items and dismissal is not required.
- 4. Cover all luggage with a large trash bag and place all bedding and pillows inside a separate trash bag. Bring extra trash bags to re-cover the luggage for departure. Once back home, launder all clothing and bedding asap or leave the items in the sun for a few hours until they can be laundered.

NATURALIST: YOUR STUDENT'S TRAIL LEADER / OUTDOOR TEACHER

A Naturalist will lead the students on an educational hike, with many activities interwoven into the lesson. Rev. 09.19.25CK

^{*}Camp uses preventative treatments in cabins, has regular cabin inspections, and uses professional grade equipment to eliminate these pests.

SCHOOL-PROVIDED CHAPERONES

The school must properly background check and screen all adults attending camp. The Lead Teacher will supervise the behavior and discipline of all adults attending camp including sending one home if they breach a policy or become harmful to or inhibit the program.

STUDENT AIDES

Your child will need an aide at camp if:

- 1. They have an aide at school.
- 2. They are unable to dress, feed, bathe, or use the restroom by themselves.
- 3. They use a wheelchair. There are many inherent physical challenges that a natural outdoor environment presents.
- 4. They have a condition that requires consistent one-on-one supervision.
- 5. They have significant behavioral issues, outbursts of anger, or is regularly defiant.

Unless otherwise arranged with the school, all Aides will stay in the same cabin as the student they are assisting and therefore must be the same gender as the student.

ALLERGIES and DIFTARY RESTRICTIONS

ALLFRGIFS

Campers with serious allergies should bring an EpiPen to camp and report this information on their Medical Form.

The most commonly reported food allergies are nuts, seafood, dairy, soy, gluten, and wheat. In regards to:

- 1. Nuts: **We do not** serve peanut products at camp. However, bear in mind that:
 - a. Our menu includes foods processed in facilities that process peanuts and other nuts.
 - b. We occasionally use tree nuts (almonds, cashews, walnuts) in adult/vegetarian meal options.
- 2. Seafood/shellfish: **We do not** serve these items to students.
- 3. Dairy, soy, gluten, wheat: **We do** provide some dairy-free and gluten-free alternative menu options which may or may not be a direct substitute for the original menu item.

Due to our inability to cater our food service operations on an individual basis, if your child cannot eat the foods on our menu, including those "prepared in a facility that processes milk, eggs, or nuts," **you will need to send meal/snack substitutes for all affected meals and snacks.**

MEAL/SNACK SUBSTITUTES

We are happy to microwave any pre-packaged and pre-prepared foods provided that you have notified us in advance of your child's dietary needs and the foods are simple and easy to manage (no prep required). **DO NOT SEND** foods with nuts, we will not serve it!

SAMPLE MENU

A sample menu can be found on our website along with a meal and snack selection form for diabetic students to plan their meals in advance.

Rev. 09.19.25CK

FAQs

WHAT ARE THE FACILITIES LIKE?

Heated Cabins with attached restrooms, Great Food, Activities: High ropes elements, low ropes challenge activities, archery & target sports, basketball, gaga ball, volley ball, game room, large field for soccer, etc., Camp Store with smoothie drinks, candy, snacks, & MERCH.

HOW WILL MY CHILD BE SUPERVISED AND BY WHOM?

Students are supervised by either camp-provided Cabin Leaders or school-provided Chaperones. Both groups sleep in student cabins, lead students from activity to activity, and supervise them throughout the day.

Cabin Leaders are 18yo+ and receive industry compliant training in the areas of mandated reporting, child abuse and neglect prevention, first aid, and curriculum development and instruction. Our team is also background checked through state and federal databases.

WHAT IS CAMP'S DISCIPLINARY SYSTEM?

Teachers will choose either the 5-Step System or the 3-Strike System to be used for student discipline.

The 5-Step begins with a verbal warning followed by 5min time outs, up to 15min. If the misbehavior continues after a student has grossed a 15min TO, teachers will call home and the student will be dismissed from camp.

The 3-Strike System begins with a strike, a verbal warning, a 15min TO and an intervention conversation between the student and his/her teacher. If the behavior continues, the student receives a second strike, a 15min TO, and will call their parents to report their poor behavior. The third strike results in dismissal from camp.

We will not send a child home without teacher approval first. Our Parent Pick-up Policy: If your child is dismissed from camp due to poor behavior, you are required to pick up your child immediately regardless of the time of day or night.

Remember, camp DOES NOT issue refunds for students that are sent home due to illness, injury or disciplinary issues.

Minor Violations	Consequence
Inappropriate gesture or conversation	Verbal Warning – 15min TO
Name calling, excessive teasing, bullying, foul language	Verbal Warning – 15min TO
Repeated disruption in the cabin after Lights Out	Verbal Warning – 15min TO
Repeatedly disrupting activities or not obeying leaders	Verbal Warning – 15min TO
Tardiness	Verbal Warning – 15min TO
Leaving the group without permission	Verbal Warning – 15min TO
Major Violations	Consequence
Any activity that is inherently dangerous to self or others	No warning, immediate dismissal
Cabin raiding/pranks	No warning, immediate dismissal
Fighting (physical), stealing, or excessive bullying	No warning, immediate dismissal
Intentionally destroying property	No warning, immediate dismissal
Outright defiance	No warning, immediate dismissal
Possession of illegal substances or weapons	No warning, immediate dismissal
Unauthorized leaving of cabin, entering a cabin of the opposite gender	No warning, immediate dismissal

FAQs continued:

WHAT IF I NEED TO GET IN TOUCH WITH CAMP STAFF?

It is the teachers' responsibility to communicate with you before, during, and after the camp experience. Please do not call our offices to inquire about your child, ask your school's teachers instead. If you have information about your child that is urgent (e.g. medical updates) you may call or email our office.

WILL I BE ALLOWED TO CALL MY CHILD OR TO HAVE MY CHILD CALL ME?

No. We understand that you miss your child, but calls to and from parents pull students out of their activities and disrupt the program and camp operations. In the event of a family emergency, you may call to speak with your child or to arrange a pick-up.

Instead of calling, send mail up with teachers or one week in advance to:

Student's Name, School, PO Box 397, Angelus Oaks, CA 92305 for the Mile High location.

Student's Name, School, PO Box 4803, Blue Jay, CA 92317 for the Alpine location

WILL BE ALLOWED TO TRACK MY CHILD WITH A SMART DEVICE?

No. We do NOT allow any devises with WIFI connectivity. We will collect any that we find hidden in luggage, etc. Please leave all of these at home..

DO WE CELEBRATE STUDENT BIRTHDAYS AT CAMP?

Yes, we love to celebrate birthdays with our favorite camp traditions! Don't forget to send a letter or package!

MY CHILD HAS NEVER BEEN AWAY FROM HOME BEFORE. IS THIS OK?

Good news! Most students attending camp are experiencing being away from home for the very first time, and they love it. We do our best to make sure that students feel safe and cared for in such a way that homesickness is not a problem. However, if a parent is worried about how their child will do away from home, we recommend doing practice separations with safe individuals.

WHAT IF MY CHILD WETS THE BED?

Many children still wet the bed and attend camp. Our team is committed to handling these situations with discretion. Remember to send protective bedwetting undergarments and additional pajamas in case of an accident. If your child has an accident, we will take care of everything—including laundering all affected items. Please tell us that your child wets the bed on the Health Forms.

BEHAVIOR CONTRACTS and AGREEMENTS

Please use this to inform your child and yourself of camp's expectations and to encourage positive behavior at camp.



STUDENT BEHAVIOR CONTRACT

By checking the boxes below, I agree to conduct myself in a manner worthy of the school I represent.

	examples of touch that are unwanted or inappropriate in nature or expression.
	I will not use bad touch: pushing, shoving, fighting, romantic touch, piggyback rides, massages, any other
	I will listen to and be respectful of my Leaders at all times.
	I will participate in all activities and classes.
	I will respect myself, fellow campers, camp staff, and to camp property.
	I will come to each class with my 5 B's which are: a backpack, a bottle of water, a ballpoint pen or pencil, a bladder that is empty, and my book (Field Guide).
	I will try my best to get along with and be inclusive with everyone at camp.
	I will use positive language at camp, cursing and bullying is unacceptable.
	I will communicate with Leaders if I have an issue with a peer that I cannot resolve on my own.
	I will wear the proper clothing at all times; dressing appropriately for the weather and for a school program.
_	I understand that if I do not follow this behavior contract, I may be sent home from camp as a result.



PARENT/GUARDIAN AGREEMENT

Every child deserves to have a positive and rewarding experience at camp. Campers who disregard this expectation will be dismissed from camp and must be picked up by a parent/guardian immediately regardless of the time of day or night, this Camp's Parent Pick-up Policy.

Ву	ecking the boxes, I acknowledge that I have read this information and agree to:
	e supportive of my child by encouraging them to follow the rules and by equipping them for camp with the ems on the Packing List.
	nderstand that the following are grounds for immediate dismissal* from camp, and that I must pick up my nild immediately regardless of the time of day or night should he/she violate one of these rules:
	Fighting, stealing, or excessive bullying Any activity that is inherently dangerous to self or others Outright defiance or intentionally destroying property Cabin raiding or pranks Unauthorized leaving of cabins or entering cabins of the opposite gender Other behaviors at the discretion of Camp (e.g. suicidal ideations)
	e supportive and available if camp calls to discuss my child's specific needs (e.g. dietary, medical, etc.).
	alk about homesickness in advance, and advise my child on how to handle it. I will try practice separations, and will not make a "pick up deal" with my child. Instead, I will support them going to camp.
	will make all prior arrangements with my child's school if they have specific needs at camp. I will ommunicate in a timely manner so that my child can be well provided for.
	ck up my child from camp if he/she is dismissed early for any reason (e.g. illness, injury, misbehavior), egardless of the time of day.
*Car	will never dismiss a student without consent from your school's teachers.
Sign	ture: Date:



HOMESICKNESS LETTER TO PARENTS

Dear Parents and Guardians:

Sending your child to camp can be exciting and worry inducing. We are aware this may be first time your child has been away from home, and we want to encourage you! Your child is going to have an amazing time of exploration, opportunity, and personal growth. It is our intent to return your child to you with a new sense of academic wonder, new friendships, increased self-confidence, and awesome camp stories. In order to do so we need your help!

Every week, we anticipate that not only will a few kids get homesick at camp, but every parent will get homesick for their child as well. No matter how fun camp is, homesickness can ruin a child's camp experience. So, use the tips below to prepare yourselves and your child for camp:

- 1. **NEVER say, "If you feel homesick, I'll come and get you."** This conveys a message of doubt and pity that undermines your child's confidence and independence. Pick-up deals always become mental crutches and self-fulfilling prophecies for children as soon as they arrive at camp.
- 2. **NEVER use bribery.** Linking a successful stay at camp to a material object sends the wrong message. The reward should be your child's newfound confidence and independence.
- 3. **Explain that there are NO PHONES and no calls allowed.** Phones are NOT allowed at camp. No exceptions. Calls to home will not be made unless there is a medical emergency. Encourage your child to tough it out; let them gain self-confidence in making it through the week.
- 4. **Promote independence.** Practice separations (e.g. sleepovers, field trips) to simulate the camp experience.
- 5. **Discuss what camp will be like before your child leaves.** Talk about the exciting activities, rugged hikes, and having a fun week with their friends!
- 6. **Send mail and packages!** Remember, snacks and gum are NOT allowed, but mail is a great way to remind your child that they are loved and that you will see them soon.
- 7. **Keep letters simple and encouraging.** Refrain from going into great detail about what your child is missing back home or that the dog/cat misses them.
- 8. **Pack a personal item from home.** Stuffed animals, special pillows or blankets are great options.
- 9. **Don't feel guilty about encouraging your child to stay the whole week at camp!** For many children, camp plays an important role in their growth and development.

A final word: Remember, you will see your child on Tuesday and again on Friday (it's just two days). Let's make sure we make the camp experience one that's full of positive memories!

Mile High Ministries



4-DAY SAMPLE SCHEDULE

TUESDAY	DAY 1	THURSDAY (omit for	3-day program) DAY 3
10:30am - 11:00am	Arrival	7:00am	Rise-n-Shine Meal Set-up ⁵
11:00am - 11:55am	Orientation Meetings ¹	7:55am - 8:00am	Line Up Announcements
11:55am - 12:25 pm	Move into cabins	8:00am - 8:30am	BREAKFAST
12:25pm - 12:30pm	Line Up Announcements	8:30am - 9:00am	Cabin Time ² Activity Prep ³
12:30pm - 1:00pm	LUNCH	9:00am - 3:00pm	Line Up Prep LUNCH Extended Hike
1:00pm - 1:30pm	Cabin Time ² Activity Prep ³	3:00pm - 3:45pm	Cabin Time ² Prep for Skit Night
1:30pm - 3:30pm	Line Up Class ⁶	3:45pm - 4:50pm	Rec Time
3:30pm - 3:45pm	Cabin Time ²	4:50pm - 5:25pm	Cabin Time ² Meal Set-up ⁵
3:45pm - 4:50pm	Fire Drill ⁴ Rec Time	5:25pm - 5:30pm	Line Up Announcements
4:50pm - 5:15pm	Cabin Time ² Meal Set-up ⁵	5:30pm - 6:15pm	DINNER
5:15pm - 5:30pm	Line Up Announcements	6:15pm - 6:45pm	Cabin Time ² Finalize skits
5:30pm - 6:15pm	DINNER	6:45pm - 9:00pm	Line Up Student Skit Night
6:15pm - 6:45pm	Cabin Time ² Activity Prep ³	9:00pm - 10:00pm	Prepare for bed
6:45pm - 7:15pm	Line Up Stewardship Talk	10:00pm	LIGHTS OUT
7:15pm - 9:00pm	Good Skit, Bad Skit		(5th grade, 9:45pm)
9:00pm - 10:00pm	Prepare for bed		
10:00pm	LIGHTS OUT		
	(5th grade, 9:45pm)		

DAY 4

	(5th grade, 9:45pm)		
WEDNESDAY	DAY 2	FRIDAY	D
7:00am	Rise-n-Shine Meal Set-up ⁵	7:00am	Rise-n-Shine Meal Set-up ⁵
7:55am - 8:00am	Line Up Announcements	7:55am - 8:15am	Move out of cabins
8:00am - 8:30am	BREAKFAST	8:15am - 8:30am	Line Up Announcements
8:30am - 9:00am	Cabin Time ² Activity Prep ³	8:30am - 9:00am	BREAKFAST
9:00am - 11:15am	Line Up Class	9:00am - 10:15am	Review Class
11:15am - 11:55am	Cabin Time ² Prep for Skit Night	10:15am - 10:45am	Teacher's Meeting ⁶ Goodbyes
11:55am - 12:00pm	Line Up Announcements	10:45am - 11:00am	Departure
12:00pm - 12:45pm	LUNCH		
12:45pm - 1:15pm	Cabin Time ² Activity Prep ³		
1:15pm - 3:30pm	Line Up Class		
3:30pm - 3:45pm	Cabin Time ²		
3:45pm - 4:50pm	Line Up Rec Time		
4:50pm - 5:25pm	Cabin Time ² Meal Set-up ⁵		
5:25pm - 5:30pm	Line Up Announcements		
5:30pm - 6:15pm	DINNER		
6:15pm - 6:45pm	Cabin Time ² Activity Prep ³		
6:45pm - 7:15pm	Line Up Teacher's Meeting ⁷		
7:15pm - 9:00pm	Night Hike		

9:00pm - 10:00pm Prepare for bed

10:00pm LIGHTS OUT

(5th grade, 9:45pm)